



# Karson Clinical Report

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**CONFIDENTIAL**

## Introduction

This confidential report is designed for use by appropriately qualified professionals. The presentation of information is compact and the language of the report is technical. It was not intended to be used for client feedback.

This report is based on the 16PF Questionnaire, which is a measure of normal personality. The report's narrative interprets the 16PF scales in light of issues relevant for counselors and clinicians. Normal personality traits can bring individuals to a clinician's office for several reasons, including a mismatch between the trait and the person's circumstances, or a mismatch or conflict between two normal traits within the individual. For most people, even if they have a diagnosable symptom, that problem unfolds in the context of their normal personality traits, and having an understanding of normal personality traits can thus facilitate treatment. This report should not be used to diagnose pathology, which requires pathology-oriented measures and/or psychodiagnostic interview, but it can be used to put pathology in context by examining the non-pathological traits of the individual.

**The report is intended to be used in conjunction with professional judgment. The statements it contains should be viewed as hypotheses to be validated against other sources of data. Personality test data should be regarded with caution when the data are over one year old or after the occurrence of a major life event. In these instances, it is recommended that the client be retested. All information in this report should be treated confidentially and responsibly.**

For additional information about the report and its contents, please refer to the "Manual for the 16PF® Karson Clinical Report," available through IPAT.

## Profile

### Response Set Scores

The infrequency index was within expected limits, indicating that Ms. Sample read the items carefully and understood what was required. The impression of herself that she projected on the testing is more positively-toned than is often seen. This is understandable, especially under certain testing circumstances, such as a job application, and may even reflect good judgment and a motivation to do well. Still, some of the positive inferences drawn about her may have been based on a possible effort to look good, and therefore may be somewhat exaggerated.

### Emotional Adjustment

In addition to her disorderliness, Ms. Sample exhibits slightly below average ego strength, affecting her ability to defer her needs when appropriate and to modulate the expression of her personality as the occasion demands. She may at times lack the psychological resources to compensate for her disorderliness, so its relevance to the reason for referral should be considered carefully. Her global emotional adjustment is above average, but the mediocrity of her ego strength raises questions about how reliable that adjustment really is. The pattern of traits suggests that her current positive adaptation may be the result of fortuitous circumstances rather than psychological strength. The implication is that unexpected stressors, frustrations, or disappointments might take a larger toll on her functioning than her self-presentation would lead one to expect. One might want to establish a dialogue with her about potential setbacks, to plan out ways of cushioning their impact. She may need some guidance around tolerating the needs of others, as she may show a tendency to insulate herself emotionally from situations that threaten her.

Obstacles to seeking help in psychotherapy in an effective manner include . The therapist may find it difficult to induce her to set aside social conventions that inhibit self-disclosure. This could reduce the therapist's effectiveness not only because of the limitations it imposes on the amount of information available, but also because conditioning or "corrective" effects could be dampened by the insulation between Ms. Sample and others.

### Interpersonal Issues

She is so interested in other people that those in immediate contact with her view her as warm, friendly, and generous. She can generally be counted on when others are in need. Knowing others well, and being supportive and caring, is central to her identity definition. Sometimes tasks performed in isolation do not appeal to her, since they do not involve other people.

She is so indirect and guarded in her communicative style, and she can be so tight with information, that people can come to feel manipulated by her. At the least, her sincerity will be questioned at times. The same trait, however, can make her a shrewd negotiator.

She appears to be about average on assertiveness, social boldness, and group orientation. She is not especially submissive, and she stands up for herself and for her ideas in groups about as much as most people. She is reasonably adept at crossing interpersonal distances and making contact with others. She is about as much a team player as her peers.

### Self-Control

Even though her level of conventionality is slightly below average, this by itself probably represents an adequate degree of concern with living up to the standards of others and following the rules. Gaining

the good opinion of her peers is probably a reasonably strong motivating force for her. Her energy level seems to be about average, suggesting that this is not a problem for her in general. One would not usually expect her to strike others as lacking in restraint, nor as being overly somber and serious.

She presents as a calm, self-assured individual, who does not often worry about getting into trouble or making mistakes. It may be that she is merely on very good terms with her own conscience. However, there is reason to be concerned that her conscience is more carefree than approving, especially in light of her below average global self-control.

At times, she can be so undisciplined and disorganized as to lose track of her priorities. Largely without the sets of orderly habits that can sustain one's direction and focus, her initiative and purpose can become diffused and scattered. She may lack dependable patterns of behavior to fall back on when necessary, leaving her functioning overly vulnerable to emotional distress.

## **Cognition and Communication**

On a brief measure of abstract reasoning, she scored just above average. While this scale does not necessarily measure general intelligence, it does test one cognitive skill, namely, the ability to manipulate verbal concepts. In this area, she appears to function adequately. Whether she possesses additional cognitive capabilities is unclear.

She is a rather tough-minded, no-nonsense individual as compared to most people. Her efficiency is rarely affected by emotional concerns in the sense that she does not spend a lot of time wondering how her actions and decisions will feel to herself or to others. She is not so averse to expressing her emotions, however, that she considers feelings to be irrelevant. She seems to be about as practical as most people, taking realistic consequences into account when formulating her plans. She is objective and practical in her thinking, rarely giving undue heed to her subjective responses. An exception to this stance may occur when she gets caught up in social encounters that tap her desire to please others.

She reports less interest in trying new things and considering new ideas than most people do. She may need to spend extra time adapting to changing contingencies. She may have a tendency to stick with old solutions, even when they do not apply to new problems.

## Areas to Explore

Certain scores on selected scales typically bear exploration in the clinical dialogue. This profile yielded a single area to explore. One such score is not that unusual, but should still be investigated carefully before treatment planning and clinical decisions are finalized.

### **Disorderliness (Factor Q3 score = 1):**

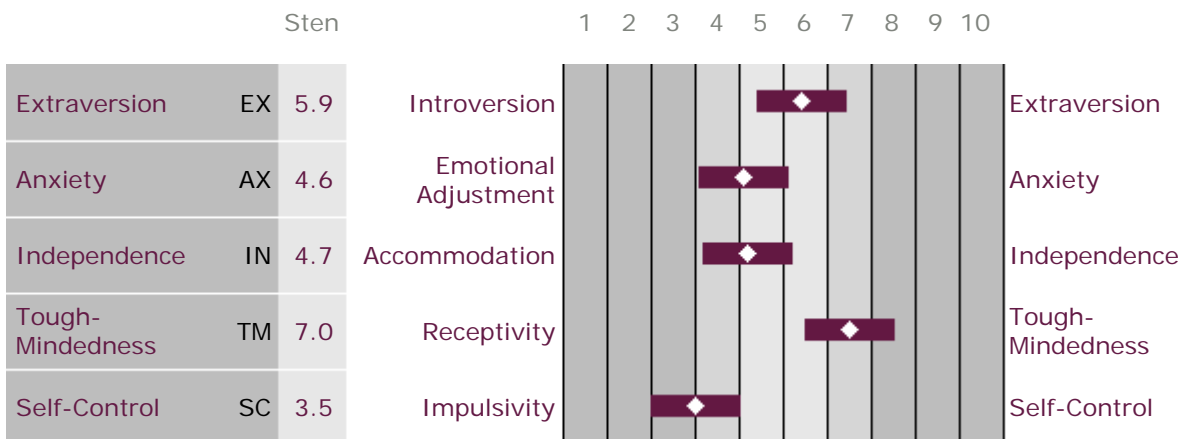
Very low scores on Factor Q3 raise questions about the reliability of the Ms. Sample's picture of herself, and about her discipline, orderliness, and sense of purpose.

## Validity Scores

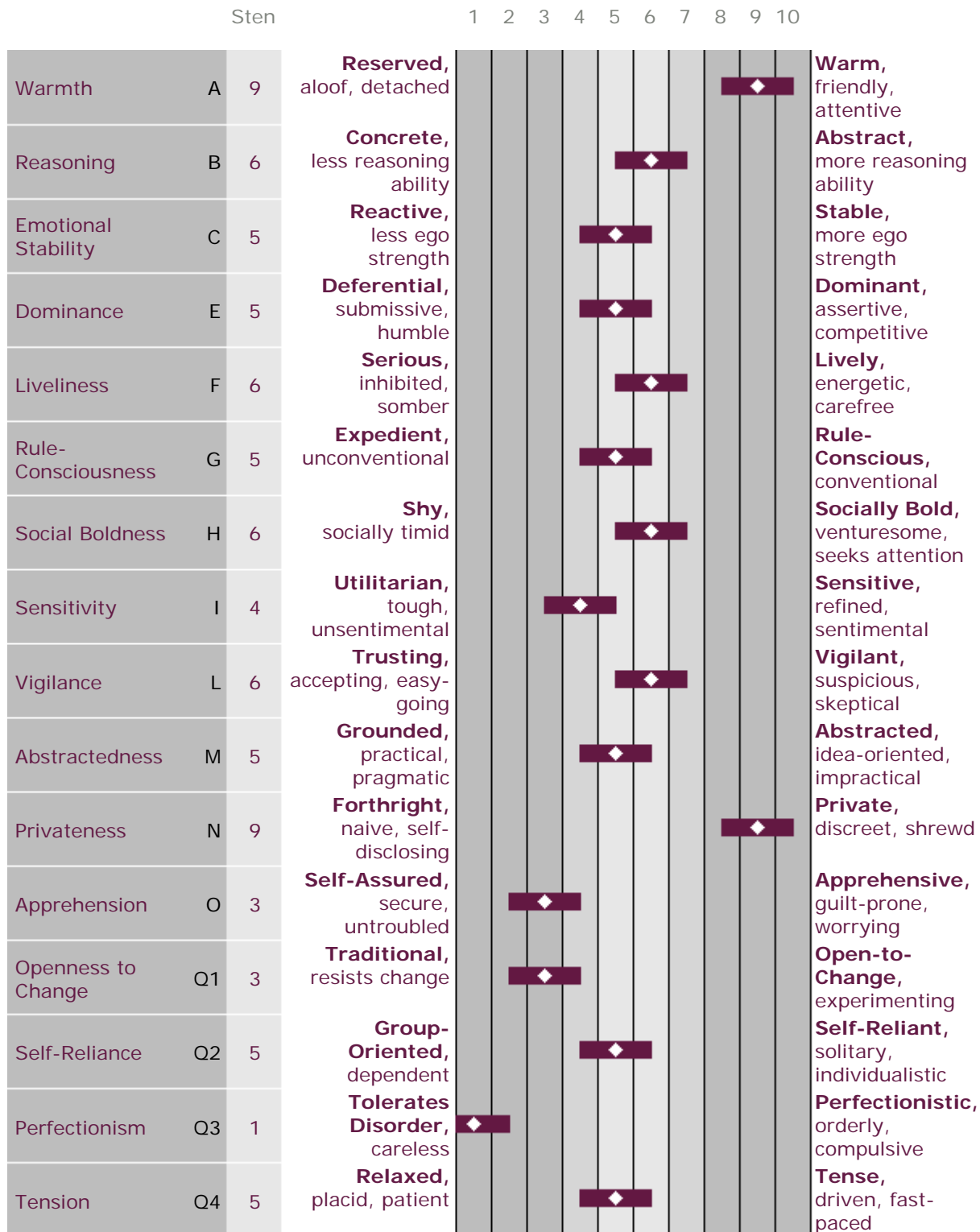
	Raw Score	Percentile	
Impression Management	18	86%	High
Infrequency	1	55%	Within expected range
Acquiescence	54	36%	Within expected range

IM score is elevated; other indices within expected range.

## 16PF Global Factors



## 16PF Primary Factors



## Item Summary

This page of scores is intended for qualified professionals only. Data on this page should be treated with utmost confidentiality.

### Item Responses

		27	b	55	a	83	c	111	a	139	a	167	c
		28	c	56	a	84	c	112	c	140	a	168	a
1	a	29	a	57	a	85	a	113	a	141	a	169	c
2	a	30	a	58	c	86	a	114	a	142	a	170	b
3	a	31	a	59	c	87	c	115	a	143	a		
4	a	32	c	60	b	88	c	116	c	144	a	171	a
5	c	33	a	61	c	89	c	117	c	145	c	172	c
6	a	34	c	62	c	90	a	118	c	146	a	173	a
7	c	35	a	63	c	91	a	119	a	147	c	174	a
8	b	36	a	64	c	92	c	120	a	148	a	175	c
9	a	37	c	65	c	93	c	121	c	149	a	176	a
10	c	38	a	66	b	94	a	122	a	150	c	177	b
11	a	39	a	67	c	95	c	123	a	151	a	178	b
12	c	40	a	68	a	96	a	124	c	152	a	179	a
13	c	41	c	69	c	97	a	125	c	153	c	180	b
14	c	42	c	70	a	98	c	126	a	154	a	181	b
15	c	43	a	71	c	99	a	127	a	155	c	182	b
16	a	44	a	72	b	100	a	128	a	156	a	183	c
17	a	45	c	73	a	101	c	129	c	157	c	184	b
18	c	46	b	74	c	102	c	130	a	158	a	185	b
19	a	47	a	75	c	103	a	131	c	159	a		
20	a	48	c	76	a	104	c	132	a	160	a		
21	a	49	a	77	c	105	a	133	c	161	c		
22	c	50	a	78	b	106	c	134	a	162	a		
23	c	51	a	79	b	107	a	135	a	163	c		
24	b	52	b	80	a	108	c	136	c	164	c		
25	a	53	c	81	a	109	b	137	a	165	a		
26	a	54	c	82	a	110	c	138	a	166	c		

### Summary Statistics:

- # a-responses = 87 out of 170 (51%)
- # b-responses = 12 out of 170 (7%)
- # c-responses = 71 out of 170 (42%)
- # missing responses = 0 out of 185 (0%)

Factor	A	B	C	E	F	G	H	I	L	M	N	O	Q1	Q2	Q3	Q4	IM	IN	AC
Raw Scores	22	11	16	13	14	13	16	6	12	6	20	2	8	5	0	7	18	1	54
Missing Items	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

This report was processed using 16PF Fifth Edition Questionnaire combined-sex norms. RGV: 5.4



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